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STOMPIN' HIS WAY TO GLORY

HIS SONGS ABOUT CANADA CHRONICLED EVERYTHING FROM BUD THE SPUD TO A SUDBURY SATURDAY NIGHT. STOMPIN' TOM CONNORS DIES AT 77 PAGE 4

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Chief Roger Redman of the Standing Buffalo First Nation during the War of 1812 Recognition Ceremony at Rideau Hall in Ottawa in October 2012, where he was presented with a commemorative War of 1812 medal and banner. The Canadian Taxpayers Federation has given Redman its 15th annual national Teddy award for wasteful government spending. FRED CHARTRAND/THE CANADIAN PRESS

Chief's alleged waste makes haste for Teddy

Award for sloppy spending. Leader of struggling Sask. First Nation took home more after-tax income last year than the PM

A Saskatchewan First Nation chief who earns more than the prime minister has won the dubious distinction of an award given annually for wasteful use of taxpayer dollars.

The Canadian Taxpayers Federation has named Standing Buffalo First Nation Chief Roger Redman the recipient of the 15th national Teddy award.

Redman, whose reserve is home to 443 people, took home more after-tax income last year than Stephen Harper, who earned more than $317,000 in 2011, the federation told a news conference Wednesday.

Plus, each of Redman's councillors earns more than the premier of Saskatchewan.

The Teddy awards are intended to shine a spotlight on corruption and waste in government at every level, said Gregory Thomas, the federation's national director.

"It's enough to bring you to tears sometimes, these greedy scheming politicians," Thomas said. "Once a year we can all have a laugh about it, and more importantly, about them."

The Standing Buffalo First Nation, which is approximately 70 kilometres northeast of Regina, is struggling to maintain social services for its members due to a lack of money, putting Redman's salary squarely in the spotlight.

When band members gathered in January to impeach the chief, he padlocked the band office and community centre and confiscated the band's chequebook.

Redman and band elders are currently embroiled in a legal battle over elections that have been called for March 16.

A senate of elders was forced to hold nominations for the election last month out in the cold because the locks had been changed on the band's community centre. That centre and the band's offices remained shuttered on Wednesday.

Redman, who has maintained that the elections are illegal, could not be reached for comment.

THE CANADIAN PRESS

The original Ted

The Teddy awards are named for Ted Weatherill, a former Canada Labour Relations Board chairman who was fired in 1999 after submitting a litany of questionable expenses, including a $700 lunch for two.

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Saskatchewan NDP leadership hopeful focuses on economy

Regina MLA Trent Wotherspoon. The last of our three-part series profiling the candidates in the New Democrats' race for a new provincial leader

JEFF MACKEY
jeff.mackey@metronews.ca

While he may be competing for the leadership of the provincial NDP, Regina MLA Trent Wotherspoon says he has the whole province in mind while on the campaign trail.

"What we clearly need to do as a party is reach out and become relevant once again, and be strong and in touch with communities and people all across Saskatchewan," said Wotherspoon.

He says the long campaign for leader of the NDP, and by extension the leader of the opposition in Saskatchewan, has been encouraging.

"What I look forward to doing if I am granted the privilege of serving as leader is immediately hit the ground running uniting the strengths of our candidates and teams," said Wotherspoon. But he says he won't stop there. "We must reach out to the entire province so that we can be that progressive force that we need to be."

He hopes to engage the rest of the province by creating a desirable alternative to the Saskatchewan Party for Saskatchewan's people.

"We need to make sure that we have a strong plan for economic development," said Wotherspoon. "But that this economic development is delivered to ensure that it improves the lives of the Saskatchewan people."

When asked what his favorite aspect of Saskatchewan is, Wotherspoon immediately thought of the outdoors.

"I absolutely love our province," said Wotherspoon. "But what maybe trumps my love of our natural assets and the outdoors would certainly be the people of Saskatchewan and the stories of our communities."

MLA Trent Wotherspoon speaks at an Idle No More protest in front of the legislature. JEFF MACKEY/METRO

The NDP will select its new leader at a convention this Saturday.

Juno Awards looking for a few good volunteers

Members of the Juno Awards venues and logistics committee plan the event Wednesday at the SaskMusic offices. ROSS ROMANIUK/METRO

Anyone wanting to lend a hand for southern Saskatchewan's Juno Awards will have to act fast if they want to volunteer.

A stream of people have signed on since organizers put out the call for help in Regina and Moose Jaw weeks ago, despite a $25 fee for each to do so. About 550 of them are ready to go, or just about.

"We're looking for probably another 50 or 100," Mike MacNaughton, chairman of the Regina Juno Awards host committee, said Wednesday of the volunteer force.

"If they want to get on, they had better come really fast. They can drop down to SaskMusic and get signed up."

SaskMusic will take volunteer registrations for the next few days — but likely not beyond that.

"We could always use more," MacNaughton said at the SaskMusic offices on Dewdney Avenue.

"But they've got to go now."

Those signing on could end up manning any of a variety of posts for Juno Fest beginning April 15, during the week-long celebration of Canadian music in advance of the glitzy, star-studded, nationally televised awards show at Brandt Centre on April 21.

Before getting started, though, applicants will have to undergo criminal record checks and get their photographs taken — and pay the $25 for volunteer apparel.

"That's pretty common nowadays," MacNaughton said of the fee.

"Most of the sporting events do that now. It's pretty much the way it's done."

The complete list of Juno Awards events will be announced March 19.

ROSS ROMANIUK/METRO

Standards under scrutiny

Accreditation team to check up on Saskatchewan medical school

The University of Saskatchewan's struggling College of Medicine is about to go under the microscope.

A team from the committee that accredits all North American medical schools will be at the university on March 12 and 13.

The team will hold closed-door meetings with officials, faculty and students to check up on the college's work on 10 standards that were cited in July 2011 as being weak or deficient.

The College of Medicine is fully accredited, but has been on warning of probation since July 2011.

School officials have said progress is being made, but the results might not be enough for accreditors.

Insufficient progress could mean a continuation of the warning of probation or probation.

Among the weaknesses were that faculty didn't provide timely feedback to the students, and there were problems with instructors getting written standardized teaching and grading objectives. There was also concern around adequate student space for study, lounge and lockers at the Regina campus.

The university says the outcome of the visit and the effect on the college's current warning of probation status won't be known until summer 2013 at the earliest. It says those results will be made public.

It's not the first time the College of Medicine has been in trouble. It was placed under probation in 2002 and stayed that way until 2006. THE CANADIAN PRESS

True icon. Stompin' Tom leaves final message to fans just before his death

Canadian country-folk legend Stompin' Tom Connors, whose toe-tapping musical spirit and fierce patriotism established him as one of Canada's strongest cultural icons, has died. He was 77.

Connors passed away on Wednesday from what a spokesperson described as "natural causes."

Brian Edwards said the musician, rarely seen without his signature black cowboy hat and stomping cowboy boots, knew his health was declining and had written a message for his fans a few days before his death.

In the message posted on his website, Connors says Canada kept him "inspired with its beauty, character, and spirit, driving me to keep marching on and devoted to sing about its people and places that make Canada the greatest country in the world."

Connors is survived by his wife, Lena, two sons, two daughters and several grandchildren.

THE CANADIAN PRESS

Stompin' Tom Connors died Wednesday. DARREN CALABRESE/THE CANADIAN PRESS FILE

Who'd kill a 'nice' couple?

'Senseless' deaths in Florida. Multiple suspects hunted in murder of Canadians enjoying their retirement together

Murder victims: Rochelle Wise and David Pichosky had no enemies, Florida police say. COURTESY SUN SENTINEL

More grim details emerged on Wednesday about the "senseless" homicide of a "nice" Canadian couple in Florida that has left police mystified.

Rochelle Wise, 66, and David Pichosky, 71, were killed by asphyxiation in their winter home in Hallandale Beach, police say.

But why?

They had no enemies and likely didn't know their killers, police say.

Investigators believe they are looking for multiple suspects, but haven't been able to figure out any motive.

"As the details come out I believe the public will be shocked just to know how senseless this murder was," said police Chief Dwayne Flournoy.

"It angers me that someone came into this home and killed these two people who, (from) what we've been able to identify ... have no enemies.

"They were nice people. They were enjoying their retirement.

"They were enjoying their new marriage."

Family and friends are appealing for people to come forward with information.

Crime Stoppers USA is offering a $51,000 reward — most of it coming from an anonymous donor.

Police have received fewer than 100 tips and though the force is dedicating all the resources it can to the case, they still need more information, said Flournoy — who appealed directly to people who may be involved but are "less culpable."

"We just need that one break or that one piece to the puzzle so that we can fill it all in,'' Flournoy said.

Wise's son Jamie said she had "worked hard her whole life and finally found love."

THE CANADIAN PRESS

Quoted

"Just help us get an end to this."

Pearl Gladman, a friend, appealing for information

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‘The fight goes on! Chavez lives!’

Venezuela. Tens of thousands line the streets of Caracas, mourning the death of their influential socialist leader

A supporter of Venezuela’s late president Hugo Chavez holds a picture of him above a crowd waiting for Chavez’s coffin to be taken from the hospital, where he died on Tuesday, to a military academy where it will remain until his funeral in Caracas.

RICARDO MAZALAN/THE ASSOCIATED PRESS

A flag-draped coffin carrying the body of the late Venezuelan president Hugo Chavez floated over a sea of supporters on Wednesday on its way to a military academy where it will lie in state. Away from the procession route, jittery Venezuelans facing an uncertain future without their larger-than-life leader flocked to supermarkets and gas stations to stock up on supplies, preparing for the worst a day after Chavez succumbed to cancer.

Tens of thousands lined the streets or walked with the casket in the capital, many weeping as the body approached, led by a grim drum major. Other mourners pumped their fists and held aloft images of the late president, amid countless waving yellow, blue and red Venezuelan flags.

“The fight goes on! Chavez lives!” the mourners shouted in unison, many through eyes red from crying late into the night.

Chavez’s bereaved mother, Elena Frias de Chavez, leaned against her son’s casket, while a priest read a prayer before the procession left the military hospital where Chavez died at the age of 58. Vice-President Nicolas Maduro, Chavez’s anointed successor, walked with the crowd, along with Cabinet members and uniformed soldiers.

“I feel so much pain. So much pain,” said Yamile Gil, a 38-year-old housewife. “We never wanted to see our president like this. We will always love him.”

The former paratrooper will remain at the military academy until his Friday funeral, which promises to draw leaders from all over the world. Already, the presidents of Argentina, Uruguay and Bolivia have arrived to mourn a man whose death leaves an enormous void in the region’s anti-American left.

THE ASSOCIATED PRESS

Chavez’s legacy

World leaders react

Supporters of Venezuela’s late president Hugo Chavez embrace as the coffin containing his body passes in the street.

RODRIGO ABD/THE ASSOCIATED PRESS

Some cried, some cheered. Many Latin Americans mourned the death of Venezuelan president Hugo Chavez, leaders in Europe and Asia sent condolences and Iran’s president predicted great works in the afterlife.

U.S. President Barack Obama, meanwhile, focused on “a new chapter” for Venezuela, following 14 years in which Chavez cast himself as a bulwark against U.S. domination.

Chavez was seen as a hero by some for his socialist programs, his anti-U.S. rhetoric and gifts of cut-rate oil. Others considered him a bully who repressed his opponents.

A teary-eyed Bolivian President Evo Morales, one of Chavez’s closest allies and most loyal disciples, declared that “Chavez is more alive than ever.” Officials in Cuba, Iran and Russia had effusive praise for the late leader.

President Mahmoud Ahmadinejad of Iran announced a day of mourning and compared Chavez to a saint, saying he will “return on resurrection day.”

THE ASSOCIATED PRESS

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Normal Blood Sugar Levels ☐	High Blood Sugar ☐	Autoimmune Disorder ☐
Normal Triglyceride Levels ☐	Elevated Triglycerides ☐	Allergies ☐
	Circulatory Issues ☐	Chronic Prostatitis ☐
		Inflammatory Bowel Disease ☐
		Asthma ☐
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Goodbye, swirly B: Bay gets rebranded

Modern makeover. Retailer will now be called Hudson's Bay and use updated logo

Top, the groovy, decades-old Bay logo recognizable to all Canadians is being replaced by the more modern and streamlined version shown underneath. The retailer will now be known as Hudson's Bay instead of The Bay. HBC

The Bay is going back to its roots under a plan to rebrand its operations with a different name and new logo. The department store retailer says it will now be called Hudson's Bay, a nod to its parent company.

A refreshed logo uses the company's name in a simple type face. The full version resurrects its corporate coat of arms, which features a shield and cross, as well as beavers, a fox and two elk.

A spokeswoman for the company says the rest of the rebranding effort will roll out over time. The new logo already has been incorporated into the company's loyalty program, which will now be called Hudson's Bay Rewards.

The retailer called the reworking of its brand "a marriage between yesterday's history and tomorrow's vision."

Plans are to gradually take down The Bay signs at its retail locations, though it doesn't have a timeline for the changes. The parent company will maintain its logo of a flag with the letters "HBC" — for Hudson's Bay Company.

Hudson's Bay says this is its first major logo change since 1965. THE CANADIAN PRESS

Shell shock. Taco Bell fans hot over Cool Ranch delay

Some Taco Bell fans in the U.S. are angry after they couldn't get their hands on the chain's new tacos made with Cool Ranch Doritos shells a day early.

The fast-food chain had announced this week that it would release its highly anticipated Cool Ranch Doritos Locos Tacos in the U.S. on Wednesday, a day earlier than planned.

But then some fans began posting on the chain's Facebook page complaining their local restaurants didn't have them yet. They said they were told by local employees that the tacos wouldn't be available until Thursday.

"VERY disappointed!" one fan wrote. "Boo to you," wrote another. One fan posted a letter to the chain online, detailing how he and a friend made a trip to their local Taco Bell after midnight Wednesday to get their first taste of the new tacos. He said they ended up getting the regular Doritos Locos Tacos because they were "basically committed anyway."

Taco Bell, which is owned by Yum Brands Inc. of Louisville, Ky., apologized in a statement and said it was humbled by the overwhelming response.

The chain said it wanted to assure fans that Cool Ranch Doritos Locos Tacos will be available nationwide Thursday. It also said it was working to have all participating restaurants honour the early release for the remainder of Wednesday. THE ASSOCIATED PRESS

Taco Bell's Cool Ranch Doritos Locos Tacos were supposed to launch Wednesday in the U.S. TACOBELL.COM/SCREEN GRAB

Policy intentions. BoC signals low interest rates will be around a while

The Bank of Canada is hinting it is less concerned about household debt levels, making it possible to keep attractive interest rates in place longer to spur investment and economic growth.

As expected, the central bank kept its overnight policy rate at one per cent on Wednesday, the level that has been in place for about two and a half years to ease Canada's recovery from the 2008-2009 global financial meltdown.

But the bank also signalled a mild change in its thinking by softening its closely followed forward-looking guidance on rate hikes, suggesting it now expects the current rate to remain in place longer than it had previously expected.

The bank's governing council cited continued slack in the economy and the extremely low inflation rate as reasons for keeping the interest rate where it is, and the healthier outlook for household finances and debt as alleviating some of the pressure to raise rates.
THE CANADIAN PRESS

Quoted

"I think the bank made it just a little more explicit that they see rates going nowhere any time soon. I think this pretty well locks in the view that there won't be any rate hikes in 2013."

Doug Porter, chief economist with BMO Capital Markets

Market Minute

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TSX 12,831.96 (+95.93)

OIL $90.43 US (-39¢)

GOLD $1,574.90 US (unchanged)

Natural gas: $3.48 (-5¢)
Dow Jones: 14,296.24 (+42.47)

Landmark penalty

EU fines Microsoft for breaking pledge

The EU has fined Microsoft about $750 million for breaking a pledge to offer personal computer users a choice of Internet browsers when they install the company's flagship Windows operating system. The penalty imposed by the EU's executive arm, the Commission, is a first for Brussels: no company has ever failed to keep its end of a bargain with EU authorities before.
THE ASSOCIATED PRESS

World markets

Dow's record high boosts confidence

The Dow's new all-time high and better economic data from the U.S. propelled world markets Wednesday, with European stocks hitting a four-year high. Investors are cheered by major central banks' commitments to keep supporting growth in the world's biggest economies. That's helped them look past political trouble in Washington, where budget cuts took effect last week.
THE ASSOCIATED PRESS

Under the provision of *The Alcohol and Gaming Regulations Act, 1997,* notice is hereby given that 101213837 Saskatchewan Ltd. has applied to the Liquor and Gaming Authority for a Restaurant with Lounge Permit to sell alcohol in premises known as Piggy's Pub & Grill at 1403A Idylwyld Drive North, Saskatoon, SK of which the following is a correct legal description:

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Saskatoon, SK

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.

Write to:
Saskatchewan Liquor and Gaming Authority
Box 5054
Regina, SK S4P 3M3

WHOOPS! I'M ONLY SORT OF SORRY

HE SAYS

John Mazerolle
metronews.ca

I'm sorry I've never said sorry.

"Sorry" has always seemed to be the hardest word, but in 2013 I've seen the error in my thinking. Between bracelet aficionado Lance Armstrong, football coach Rob Ford and anti-shirt activist Justin Bieber, I see now that sorry is the quickest, easiest path to redemption.

Whether you say sorry on Twitter, to Oprah or at a staged media event, you can take your dirty laundry and stuff it in the hamper of history, even if it never actually comes clean.

You'll notice I never said that these men apologized. I only noted that they said the word "sorry." There's a difference.

As I understand it, perhaps naively, an apology involves admitting you were wrong, offering no excuses, and owning your mistake.

Cyclist Armstrong appeared with Oprah and said sorry for using performance-enhancing drugs but also said he never considered it cheating. Oprah, a.k.a. Pope No. 3, still offered absolution and said Armstrong could be "a hero again."

Toronto Mayor Rob Ford, when it looked like he might lose his job, said he was sorry "to everyone who believes I should have done this differently." That's sincere in its half-heartedness, at least, though it's hard to fit on a Hallmark card.

And singer Bieber had to apologize for taking the stage at a London concert at 10:30 p.m., which is past his fan base's bedtime. It's a minor transgression, to be sure, but the fact he tweeted that "there is no excuse for that" while blaming "technical issues" in the same bird-breath has me assuming he's begun the inevitable downward spiral of a teenage pop star and in eight years will look just like Keith Richards.

Seeing that I can say sorry for my misdeeds without the pain of any emotional heavy-lifting has inspired me to step up. I'm going to follow the example set by these three wise men, and soon I'll be sorry too.

Here goes.

I'd like to say sorry to my mother for stealing her Chatelaines and Redbooks when I was 11 years old so that I might peruse them for lingerie ads and illustrated guides to breastfeeding. I'd also like to say sorry to the teenage boys who found my magazine stash in the woods and, after an initial flush of excitement, loomed gravely over the pages, looking sad and whispering aloud, "Why would anyone DO this?"

With your permission, ladies and gents, I'd like to be a hero again.

Furthermore, I'd like to say sorry for the times that I have dropped a half-full cup of coffee into a mall garbage can because I'd been too lazy to find a sink. I apologize sincerely to anyone who thinks I possibly could have done this differently, though I frankly don't see how.

I also apologize for when I do it in the future.

Finally, I'm sorry that I have coveted my neighbour's ox. Like, a lot. There's no excuse for that, but I've had some technical difficulties.

Phew! Wow, that really works. I feel better!

Maybe you need to say sorry too? Perhaps you have a hard time apologizing?

Well, I challenge you to step forward and see how it feels to sort of, kind of, in a way apologize. After all, you're better safe than sorry.

No, wait.

ZOOM

Look, ma: I'm upside down

Canopy reflects wharf's heritage

The crowds appear to walk upside down but on closer inspection this surreal sight is of a giant mirrored canopy.

Recently unveiled in Marseille, France, the Vieux Port pavilion —constructed by architectural firm Foster + Partners — is made of a highly polished stainless-steel covering designed to reflect the city's UNESCO World Heritage–listed harbour.

"At last in Marseille, when you are with your children, you can take in the city's hustle and bustle — without the shopping," Gaëlle, a Marseillaise who came with her two daughters, told the newspaper Le Monde.

The cost of the project, which took one year to construct, amounted to $60.3 million, sources say.

METRO WORLD NEWS

Mirror image

"It's quite literally a reflection of its surroundings — its lightweight steel structure is a minimal intervention and appears as a simple silver line on the horizon."

Spencer de Grey, head of design, Foster + Partners

See for yourself

"Our approach has been to work with the climate, to create shade, but at the same time to respect the space of the harbour — just making it better."

Lord Norman Foster, British architect and head of architectural firm Foster + Partners

Clickbait

Reddit is the reigning champ of the Internet's thriving time-sink industry, providing daily bumper crops of cat pics and Good Guy Greg memes. This week, there's the irresistible Absurd Business Insider Headline Hall of Fame.

1. Nudity, Drunken Stupidity And A Jerk-Of-A 'Friend' May Cost A Startup Founder His Acquisition
2. A Guy With A Pirate Fetish is Selling His Insane Caribbean Mansion For $35M
3. You Are Directly Related To This Rat
4. Horses Cure Internet Porn Addiction In South Korea
5. Science Explains Why It Hurts So Much To Get Hit In The Balls

Letters

RE: Thanks for the Mammaries, published March 5

I think it's really important that the issues raised by Jessica Napier be widely read and I can't think of a better place than a free, widely available and distributed community newspaper like Metro. I hope Jessica's frank and direct writing allows others to see how insane and damaging it is to focus so much attention on mere body parts.

Jesse Kelly, London, Ont.

Twitter

@metropicks asked: What makes a "real hipster"?

@theunshakable1: Hipster: someone who spends more money on one outfit than I do on my entire wardrobe just to appear homeless without a care.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

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Saskatoon's Tyler Mane will premiere his film Compound Fracture on March 14 at the Broadway Theatre. CONTRIBUTED

From wrestler to filmmaker

Tyler Mane. Saskatoon native to debut his first film in his home town next week

BACKSTAGE PASS
Simon Hiatt
saskatoon@metronews.ca

Long before he stepped into the ring as a feared wrestler in arenas around the world, before he brought some of recent cinematic history's most terrifying villains to the big screen, Tyler Mane spent a lot of time being afraid as a kid growing up in Saskatoon.

"I remember when I was younger, I had a reading disability and I was in a special class and I was picked on and teased for it," Mane said in a telephone interview from his home in Los Angeles.

While it may be difficult now to imagine the 6-foot-9, 295-pound giant as a victim of bullying, Mane says the experience had a profound impact on him.

"I learned to become a visual person because I had such difficulty reading, and that's why I wanted to go into the medium of film."

Mane, who was born Daryl Karolat, has vivid memories of riding the #4 Clarence bus to downtown Saskatoon and escaping into the movie theatre on Saturday afternoons.

But it wasn't exactly a straight line from Saskatoon to Hollywood for Mane. His theatrical side was developed as a wrestler, grappling under names like Nitron and The Skywalker.

It was while he was fighting in Mexico that he received his first opportunity to step in front of the camera. Although he was grateful for the opportunity, there's a reason you won't find the title listed on his IMDB profile.

"It was a Mexican wrestling movie where I played an intergalactic vampire with three midget sidekicks who were dressed as aliens. I was like, 'Hey, this is a lot better than getting dropped on my head, I have to figure out how to do this full time.'"

Before long the roles became bigger. He was cast as Sabretooth in the first X-Men movie and then in 2007 landed the iconic role of Michael Myers in Rob Zombie's reboot of the Halloween franchise.

But the desire to create his own films led him and his wife, actress Renae Geerlings, to write and produce Compound Fracture, a violent thriller that Mane was relieved to see receive just a 14A rating in Canada.

Mane is about to embark on a 70-city North American tour with the film, an endeavour he admits may be "a little crazy." But he had no misgivings about where he wanted to kick off the tour: The premiere will be held at Saskatoon's Broadway Theatre on March 14.

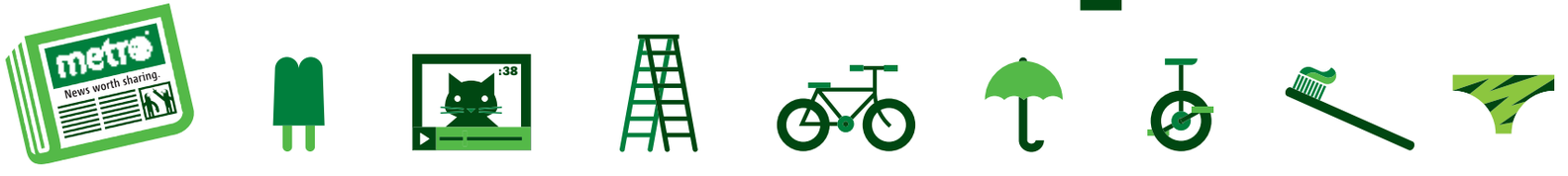
"To start the tour I wanted to take it home. Because that's where it all started off for me."

The VIP experience

Local Tyler Mane fans can purchase VIP tickets for the world premiere of Compound Fracture, which includes a meet-and-greet and the chance to win prizes including a walk-on role in his next movie.

- For more info visit compoundfracture-themovie.com.

Sharability



The Word

Jones was wasted when she made out with Miley's fiancé: Source

THE WORD
Dorothy Robinson
scene@metronews.ca

Rumours have been swirling around Miley Cyrus' fiancé Liam Hemsworth and Mad Men star January Jones getting "hot and heavy" at a pre-Oscar party at the Chateau Marmont in February and now Life & Style has additional dirt on the illicit hook-up.

"They went to a private house party, and right in the middle of the party, January was clinging to Liam, saying, 'You're so handsome,'" a guest reveals in the new issue of Life & Style. "He kept saying, 'We can't do this here.' Then they left holding hands and went out in the hallway and were making out. She was wasted. It wasn't good."

For their part, the magazine has pictures of the two stars riding in a car together on the night in question. "When it comes to men, January just goes for it," another source tells the magazine. "She doesn't seem to care if they're with someone or not. It's like a challenge for her, a game."

As challenges go, drunkenly making out with Liam Hemsworth seems like an easy one. What about climbing Mount Kilimanjaro? Or staying off of Facebook for an entire week? Those are actual challenges, January.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Bizarre accusations: One of Gaga's fans claims Madonna encouraged gay men to have unprotected sex during the height of the AIDS crisis.

Little monster alleges Madonna helped spread AIDS

Lady Gaga's fans are continuing the singer's feud with Madonna whether she wants them to or not, this time even accusing the Material Girl singer of helping the spread of AIDS. In a post on the Gaga fan blog Little Monster Artpop, a Gaga fan criticizes the Gay and Lesbian Alliance Against Defamation (GLAAD) for picking Madonna to present an award to Anderson Cooper at their awards ceremony next week. "Back in the 1980s, she encouraged gay men to have unprotected sex," read the post.

Which circle of hell will Tina Fey end up in for her Golden Globes jab, Taylor Swift wonders. ALL PHOTOS GETTY IMAGES

Taylor Swift can't take a joke

Taylor Swift is making some powerful enemies. She responded to Amy Poehler and Tina Fey's joke at her expense at January's Golden Globes ceremony. "You know, Katie Couric is one of my favourite people," Swift tells Vanity Fair. "She said to me she had heard a quote that she loved that said, 'There's a special place in hell for women who don't help other women.'" While Fey expressed surprise at Swift's annoyance, Poehler has a response of her own: "Aw, I feel bad if she was upset," Poehler tells the Hollywood Reporter. "I am a feminist and she is a young and talented girl. That being said, I do agree I am going to hell. But for other reasons. Mostly boring tax stuff."

Gay rumours partly me: Franco

James Franco is willing to admit he's at least partially responsible for any speculation about whether he's gay or straight. "One of the things that's very much part of my public image is the question of my sexuality," he tells Attitude magazine. "It's not something that bothers me in the slightest. ... It's partly my doing and partly not my doing." But what he's really interested in is a high-profile actor coming out of the closet. "If there's somebody that was well-respected and very secure with their career, I could see it happening in a very positive way."

A funny thing happens when you tell kids they matter. They believe you.

An alarming 40,000 kids drop out of high school every year. Boys and Girls Clubs of Canada are committed to changing that. They provide a safe and supportive place where kids can develop confidence and life skills. They offer programs like *Rogers Raising the Grade*™ to help kids with their studies. The Club is a place where kids can drop in, so they're less likely to drop out.

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rogersyouthfund.com

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Landing smoothly and stylishly on the runway

Run Tilda, run.
Model Tilda Lindstam reveals her beauty tricks for fighting sugar cravings, skin breakouts and bloat

RICHARD PECKETT
life@metronews.ca

It's fashion month and the going is tough for the world's most sought-after models. How do you keep yourself feeling healthy and looking hot during this exciting but exhausting time?

"I drink a lot of green juices. I like anything with spinach, kale, celery, ginger and lemon. I can't handle too much dairy during the shows because I'm lactose intolerant. It makes me feel bloated and it's bad for my skin.

"I love Lindt Sea Salt chocolate, but I had to give it up. Sweet food gives me a massive sugar rush, which is inevitably followed by a crash.

"So during the shows, I'll snack on macadamia or brazil nuts and green apples if I need an energy boost."

1 run = 1 cheeseburger

"I do so much walking during casting season that I don't have time to workout. If I have time I go for a run, but that doesn't happen very often — maybe once every two months. And then I indulge in a cheeseburger."

Staying clear of rashes and breakouts

In 2012, this Swedish beauty walked more spring runways than any other model – 68 in total. HANDOUT

"I clean my face after every single show. I bring my own Chanel eye makeup remover because I'm sensitive to the MAC one that they use backstage.

It gives me rashes and a red face! And there's not much you can do about a blemish but cover it up with concealer and drink as much water as possible to clear your skin out."

NYC to London to Milan to Paris

"I get really puffy when I fly. But drinking coconut water and taking vitamin C seems to help. I also use a cooling eye mask the morning of a show if my face is still a bit swollen."

Tilda's top 5 fashion week essentials

Rosebud Perfume Co. Smith's Rosebud Salve

"I love this!"
sephora.com

MAC Studio Finish SPF 35 Concealer

"I don't really wear makeup. This is basically all I use."
maccosmetics.com

Dermalogica: clearing skin wash and active moist moisturizer

"I have very sensitive skin and Dermalogica works really well for me."
dermalogica.com

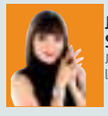
YSL Rouge Pur Couture the Mats in Rouge Rock

"If I'm going out, I keep my makeup simple. I don't wear any eyeshadow, just a dark red YSL lipstick."
yslbeautyus.com

Chanel: Démaquillant Yeux Intense, gentle bi-phase eye makeup remover

"I take my makeup off after each show."
chanel.com

Twitter



JEANNE SPACE
Jeanne Beker
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IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

@Jeanne_Beker: What's the best way to psych yourself to get back into the work mode? My vacation's coming to an end. :(

@PiperGilles: finding a new project to work on :)

@maryjanestitt: Only @Jeanne_Beker can look so elegant as she tweets aboard a catamaran hurtling through space!

@Jeanne_Beker: From where I LIE... Cruising the Pacific on a Sunday afternoon!

@Jeanne_Beker: Living the good life, in Costa Rica!

The Kit

Canadian street style

Spotted in: Toronto

Madison

Actress

Age: 24

What she's wearing
Vintage hat, Karen Walker sunglasses, Armani vintage jacket, vintage shirt, Roots sweater, Alexander Wang bag, Wilfred pants and Miista shoes.

THE KIT PHOTOBLOGGER: KAYLA ROCCA, KAYLAROCCAPHOTOGRAPHY.COM

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT – AN E-NEWSLETTER PROGRAM – AND A WEEKLY NEWSPAPER SECTION TOO!

Steady diet of Downton Abbey

Cookbook cooking.
Latest season of the show recently wrapped so to hold you over, try this inspired recipe

A roast chicken can be elegant to serve. This is a great recipe for beginners as it uses lemons to help keep the chicken moist and flavourful, Pamela Foster writes in her book Abbey Cooks Entertain.

Try not to knock it on the floor as Mrs. Patmore famously did in Season 1 of Downton Abbey, but if you do, just dust it off and carry on.

1. Clean and prepare root veg. Roughly chop into large chunks. Place in a roasting pan with a grill rack. Pour a little olive oil over vegetables, add garlic and toss in fresh herbs.

2. Remove any giblets from chicken cavity and wipe down chicken with paper towels. Rub with oil, salt and pepper. You can also rub it with other dried herbs (rosemary, thyme, herbes de Provence).

Roasted Chicken

This recipe serves three. THE CANADIAN PRESS H/O

3. Gently separate breast skin from meat on each side with your finger. Insert lemon slices and fresh herbs which will help flavour the bird. Lemon does a great job of moisturizing the chicken from the inside out. Depending on the size of the chicken, either cut the second lemon in half, or prick lemon all over and stuff it into the cavity. Tuck wings under the back, but there's no need to truss it (tie the legs together). Place, uncovered, in a 190 C (375 F) oven.

4. As a general rule, calculate a cooking time of 20 minutes per 500 g (1 lb) of meat. The temperature of the chicken needs to reach 74 to 77 C (165 to 170 F) when a meat thermometer is placed in the thickest part of the meat, avoiding any bones. If you don't have a thermometer, the juices should run clear when you poke into the thigh.

5. When chicken is cooked, let it rest for 20 minutes to let juices settle into meat. If you cut it too soon, you will see all the flavour on your cutting board. Remove from roasting pan, cover with tinfoil and get your table setting ready. Carve chicken and serve with roasted vegetables. THE CANADIAN PRESS/ ABBEY COOKS ENTERTAIN BY PAMELA FOSTER (PAMELA POWERED INC., 2012)

Ingredients

- Each 3 carrots, 3 parsnips, 3 potatoes, 1 onion
- Extra-virgin olive oil
- 2 garlic cloves
- Fresh herbs: rosemary, sage, thyme, flat-leaf parsley
- 1 whole chicken (1.5 kg/3 lb)
- Kosher salt and pepper
- Dried herbs of your choice (optional)
- 2 lemons (one thinly sliced)

Cook live with Vikram Vij

Last-minute grocery list

Winning chef in Vancouver and Metro want to help you find time for family meals. Our mission starts in the form of Canada's first live online cooking show to air today at 6 p.m. ET at metronews.ca/vijcooklive.

If you still haven't downloaded the grocery list, we've got you covered.

Vij Family's Chicken Curry
- 1/2 cup canola oil
- 2 cups finely chopped onions (2 large)
- 3-inch stick of cinnamon
- 3 tbsp finely chopped garlic
- 2 tbsp chopped ginger
- 2 cups chopped tomatoes (2 large)
- 1 tbsp salt
- 1/2 tsp ground black pepper
- 1 tsp turmeric
- 1 tbsp ground cumin
- 1 tbsp ground coriander
- 1 tbsp garam masala
- 1/2 tsp ground cayenne pepper
- 3 lbs chicken thighs, bone in
- 1 cup sour cream, stirred
- 2 cups water
- 1/2 cup chopped cilantro (including stems)

Cumin Basmati Rice
- 2 cups basmati rice
- 3 cups cold water
- 1/4 cup canola oil
- 1 tbsp cumin seeds
- 1 cup finely chopped onions (1 medium-large)
- 3 3/4 cups water for cooking

- **Have a question?** They can be tweeted live during the show using the hashtag #vijcooklive.
- **Online.** Remember to visit metronews.ca/vijcooklive today at 6 p.m. ET for Canada's first live online cooking show.

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Seasonal designer deals

Throughout the year sales are almost guaranteed when clearing out old stock and bringing in new items. But knowing exactly when old stock is being discounted is the key to saving money on large ticket items. Everyone knows the best time to buy a winter coat is at the end of winter, and buying a snowmobile in the middle of summer can get you the best deal. But what about those home-related items we all need? Here's a list of some big savings you should expect over the next month or two.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Chinaware and flatware

Spring is when new tabletop designs are introduced (just in time for June weddings). Older china and flatware patterns go on sale to make room for the new stuff.

Tip: If you have a great collection already, look for pieces to complete your set on sale. If investing in new tableware, keep the colours neutral so that the look stays current for a long time.

Perfume

The two biggest times for perfume sales is Valentine's Day and Mother's Day, so those in-between months is when perfume companies love to have promotions.

Tip: Perfume keeps for a very long time. Consider buying as Christmas gifts.

Luggage

Many travel throughout the summer and just before that time is when new luggage styles are introduced. Look to the early spring for retailers clearing out old styles.

Tip: The full set deals are the most economical. Shop with a friend and split up the set.

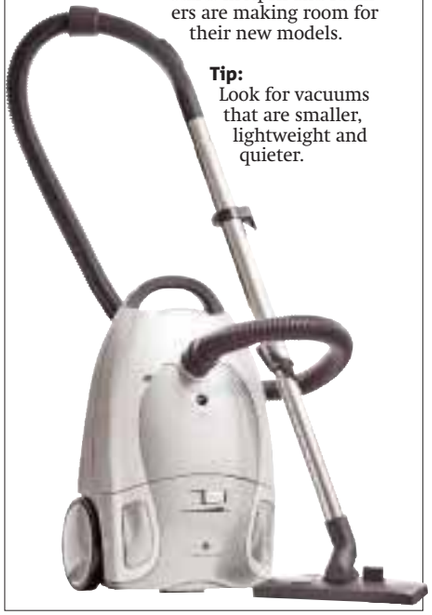
Houses & condos

April is when most homes get listed for sale. That means the best selection and often the best competitive prices you will see. If you wait until the summer months you will find either the less desirable homes that haven't sold yet or a very limited choice on the market. Tip: Don't under estimate the potential of a less expensive place and adding some custom upgrades yourself. You'll then have exactly what you wanted without spending any more money.

Vacuum cleaners

Spring cleaning time starts in April and retailers are making room for their new models.

Tip: Look for vacuums that are smaller, lightweight and quieter.



Televisions

The biggest time for television sales is the fall and early winter. After Christmas there isn't much promise for selling televisions as we start thinking about spring/summer activities, so retailers are trying to get rid of the 2012/early 2013 models.

Tip: Buy your television ahead of a family room renovation and keep it boxed until the reno is finished.

Cookware

Not a lot of pot/pan sales happen until fall, when retailers often have great incentives to purchase full sets.

Tip: Fall is a great time to purchase some as a wedding gift or for a second set for a cottage and buying a full 10-piece boxed set will usually offer up the best value overall.

"Off-season" shopping

1. Do your research. When it comes to technology, things move quickly. Find out what features will be new in 2013 and see if any of them may have been introduced on last year's models.

2. Buy in full sets. Whether it be buying luggage, china, bedding or cookware, purchasing the entire set will generally reap larger savings overall.

3. Keep things neutral. A simpler colour will tend to last a lot longer than last year's trendiest colour.

4. Buy ahead of the game. Purchasing perfume for a friend's future birthday gift, tableware as a wedding gift or a television prior to your renovation will allow you to save money on something you inevitably would be buying anyway.

Stock-up and Save on all your Spring Cleaning essentials!
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Visit these participating retailers this weekend and enjoy savings on all your spring cleaning needs:
Loblaws
Zehrs MARKETS
valu-mart
independent
Atlantic superstore
provigo
Real Canadian Superstore
big on fresh, low on price!
SaveEasy
so quick, so good!
FORTINOS
Your Supermarket with a heart!
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Cascade
All in 1 / Tout en 1
febreze
Bounty
Charmin
Ultra Soft
Mr. Clean
M. Net
DISINFECTANT
DÉSINFECTANT

NHL

Carcillo unlikely hero in latest Blackhawks win

Daniel Carcillo scored the tiebreaking goal with 49.3 seconds left in regulation and the Chicago Blackhawks won their 11th consecutive game, beating the Colorado Avalanche 3-2 on Wednesday night to extend the best start in NHL history.

Jonathan Toews and Andrew Shaw also scored for Chicago (21-0-3), which reached the halfway point of a lockout-shortened season without losing in regulation. The remarkable Blackhawks have earned at least one point in their first 24 games.

The Blackhawks broke the previous team record for consecutive wins with their 10th in a row Tuesday night, 5-3 over Minnesota.

Chicago's overall points streak is the second-longest during one season in NHL history. The 1979-80 Philadelphia Flyers set the league record at 35 games with a 25-0-10 run.

Carcillo knocked in a rebound with a backhand shot, his first goal of the season, after Semyon Varlamov made two in-close stops on Viktor Stalberg during a scrum in the crease. THE ASSOCIATED PRESS

Blackhawks forward Daniel Carcillo celebrates his game-winning goal against the Avalanche with teammates Niklas Hjalmarsson and Johnny Oduya.
JONATHAN DANIEL/GETTY IMAGES

Maple Leafs goaltender James Reimer makes a save on Ottawa Senators centre Kyle Turris in Toronto on Wednesday.
FRANK GUNN/THE CANADIAN PRESS

Leafs survive Battle of Ontario

NHL. Toronto holds off Ottawa's late charge for upper hand in Battle of Ontario

Halfway through the truncated NHL season and Toronto coach Randy Carlyle sees a mixed bag as well as 15 wins in 24 games.

There was good and bad Wednesday night that saw the Leafs ride an ugly knockout and early lead to win the latest instalment of the Battle of Ontario by holding on to beat the Ottawa Senators 5-4.

"Some nights I do, some nights I don't," Carlyle said when asked whether he liked his team's direction. "It's frustrating for us at times to not be able to do some of the things that we've done so well in other parts of the game. And then it leaves us for extended periods of time."

The Mojo abandoned the Leafs in the third period Wednesday night when the Senators outshot them 18-4 and outscored them 3-2.

Tyler Bozak, Jay McClement, James van Riemsdyk, Phil Kessel and Nazem Kadri scored for Toronto before a crowd of 19,412 at the Air Canada Centre.

Mika Zibanejad, Zack Smith, Daniel Alfredsson and Colin Greening replied for Ottawa, which fell behind 3-0 before fighting back in the third to make it 3-2 early and 5-4 late. The Sens outshot the Leafs 43-28.

The Leafs had difficulties burying the visitors and found themselves under the gun late in the game after Sens captain Alfredsson made it 5-3. Greening then stuffed in the puck to make it 5-4 at 18:03 with Sens goalie Ben Bishop on the bench.

"We won the hockey game and got two points," said Carlyle. "Is it a masterpiece? You be the judge."

The good news for Carlyle? "I don't think we've had everyone going on one given night, to prove to us or to prove to themselves how good we can be. We've had too many interruptions, I would say." THE CANADIAN PRESS

On Wednesday

5	4
Leafs	Senators

MLB. Teixeira the latest Yankee to be put on shelf

Mark Teixeira is going to be out at least until early May with a strained right-wrist tendon, the latest major injury setback for the New York Yankees.

Teixeira was hurt swinging a bat Tuesday in an indoor cage during pre-game warm-ups with the U.S. WBC team. Yankees doctors in New York on Wednesday predicted he will miss eight to 10 weeks. THE ASSOCIATED PRESS

Mark Teixeira ELSA/GETTY IMAGES

MMA

Shields picked to fight The Chosen One at UFC 161

Former Strikeforce champion Jake Shields will face highly rated welterweight Tyron "The Chosen One" Woodley at UFC 161 in Winnipeg on June 16.

Heavyweight Pat "HD" Barry, meanwhile, will take on former LSU fullback Shawn "The Savage" Jordan. THE CANADIAN PRESS

Horoscopes

♈ Aries
March 21 - April 20
Don't worry too much if your thoughts take you in directions you would not want to admit to in public. Think before you turn thoughts into deeds though.

♉ Taurus
April 21 - May 21
Someone you meet today will instantly attract you. It could be the start of a life-long friendship or even a passionate romantic liaison. Either way it's going to be a lot of fun — and that's good.

♊ Gemini
May 22 - June 21
You may be tempted to tell the world your plans but with Mercury, your ruler, still moving retrograde that might not be such a good idea. Only let those you really trust know what you are up to.

♋ Cancer
June 22 - July 23
You will see some strange things today but don't take any of it seriously. Maintain a detached attitude, even though there may be times when you want to bang a few heads together.

♌ Leo
July 24 - Aug. 23
There is no telling what spur-of-the-moment decisions you will make over the next 24 hours, but you will certainly do something out of the ordinary. Try though to look ahead and see what the consequences might be.

♍ Virgo
Aug. 24 - Sept. 23
You could easily impose your will on other people today but is that such a good idea? A little bit of thought should help you see that if you come on too strong you'll lose.

♎ Libra
Sept. 24 - Oct. 23
Do you let your heart rule your head today? It might be a smart idea as with mind planet Mercury still moving retrograde your thoughts may be all over the place. What does your inner voice tell you?

♏ Scorpio
Oct. 24 - Nov. 22
There is no point trying to coerce people whose worldview is completely different to your own. All that does is make them oppose you even more. Accept that you see things differently.

♐ Sagittarius
Nov. 23 - Dec. 21
There is a danger that you will bounce back and forth between two extremes today. It may not bother you much but it could turn important people against you, so think before you act.

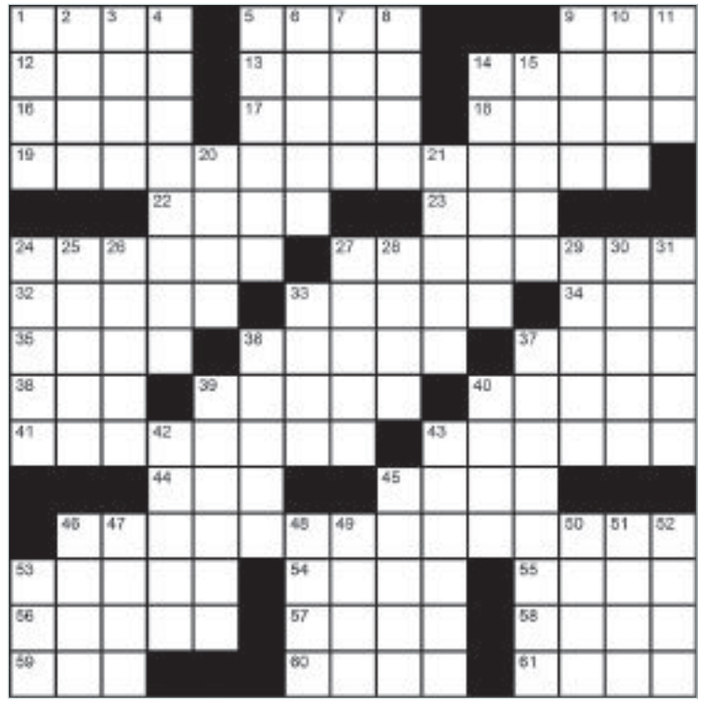
♑ Capricorn
Dec. 22 - Jan. 20
Even if you disagree strongly with what loved ones are up to right now, you are advised to gloss over the fact and stay on good terms. It gives you a bargaining chip for later.

♒ Aquarius
Jan. 21 - Feb. 19
Feelings will be running high today and you may wish you could switch off the world. So why don't you? While everyone else is busy arguing you can sneak off.

♓ Pisces
Feb. 20 - March 20
A relationship may be going through a tough time but don't give up on it. Love planet Venus in your sign links to both Saturn and Pluto today, which means you are nowhere near the end of the road yet. SALLY BROMPTON

Crossword: Canada Across and Down

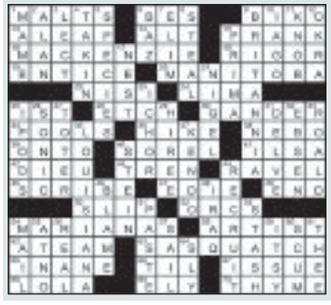
BY KELLY ANN BUCHANAN



Across
1. Eddie Cochran's "__ Everybody"
5. Fuel additives at Indy
9. Gore and Biden, e.g.
12. Two notes to follow Do
13. Road type
14. Town __ (News-giver of yore)
16. __ instant (Quickly): 2 wds.
17. Toward shelter (Sailing term)
18. Moms of cousins
19. "Break It to Them Gently" singer/songwriter: 2 wds.
22. Hosp. readouts
23. Mr. Garfunkel
24. Purple dinosaur
27. Vancouver-born actor Ryan
32. "She's _ __" by Tom Jones
33. Shoe parts
34. Cool, retro-style
35. Intl. alliance created in 1949
36. "You've Got Mail" recipient
37. Ceremonial staff
38. Nice summer?
39. Gwyneth's "Shakespeare in Love" (1998) role
40. Stone worker
41. Sittings
43. Actor Mr. Depardieu
44. 'Mich' add-on (Mr. Douglas)
45. Very: French
46. "The Safety Dance" group: 3 wds.
53. Potato pancake
54. 1994 Pulp album: __ '_' Hers
55. Actress Jessica
56. "Drive __" by The Beatles: 2 wds.
57. Don't give _ __ (Care less)
58. TV producer Norman
59. Refusals
60. Telegram
61. Ms. Flynn Boyle

Down
1. House, hip-style
2. Restaurant dish lister
3. Actor Mr. Epps
4. Big name in video games
5. Like 'groovy' for 'great'
6. Powders
7. Tire: French
8. Appear
9. Actor Mr. Rhames
10. Dogs and cats
11. Lon Chaney and Douglas Fairbanks, e.g., to their sons
14. Terrier dogs from Scotland
15. "__ __ You" by Bryan Adams
20. __-dokey
21. Singer/guitarist John
24. Scourges
25. Having wings
26. Appraises
27. Breadbasket items
28. Zeno of __ (Ancient Greek philosopher)
29. __ Apso (Dog from Tibet)
30. Designer's talent
31. Fork out
33. Shortly
36. Garlic sauce
37. Amanda __ ("Let It Rain" singer from Toronto)
39. TV show fan
40. "__ the Parents" (2000)
42. Coffee brand
43. '90s music genre
45. "__ __, with Love" (1967)
46. Deli dressing
47. And so on, plurally [abbr.]
48. Get out the freeze
49. __-__ (Sound system)
50. Epithet for Athena
51. Skier's up-the-slopes ride
52. Ms. Gilbert
53. K-O link

Yesterday's Crossword

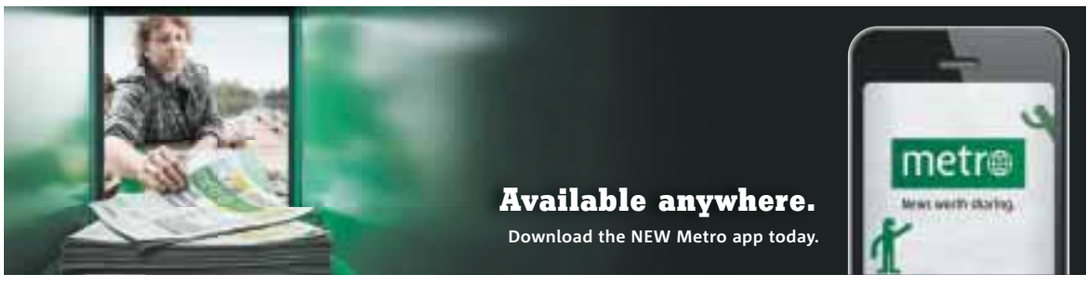


Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	8	7	2	3	5	4	6	9
9	2	3	1	4	6	5	8	7
5	6	4	8	7	9	3	1	2
2	7	8	5	1	4	6	9	3
3	9	1	6	8	7	2	4	5
6	4	5	9	2	3	1	7	8
4	5	2	7	6	8	9	3	1
7	3	9	4	5	1	8	2	6
8	1	6	3	9	2	7	5	4



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